



READY To Stand CurriculumSM

Law Enforcement and First Responders Preview Guide

Human Trafficking
Prevention Education

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Note from the CEO

Thank you for your interest in The Set Me Free Project's READY to StandSM Curriculum. This curriculum aims to empower our communities to help our youth to value themselves and others as individuals and ultimately keep them safe. You will find our curriculum is informative, interactive, and flexible.

What you do as Law Enforcement and First Responders is so important to our communities and we value you tremendously. That's why a collaboration with The Set Me Free Project is so critical, we want to keep our communities safe. It is an honor to do what we do and make a difference.

Prevention education gives communities the tools to recognize victims of human trafficking and the grooming of potential victims, and to lower and eliminate human trafficking in our communities. But more important than that, powerful prevention education changes lives.

So, thank you for joining us in this important work! We are READY to stand together, and with your help, we can stop human trafficking before it starts.

~ Stephanie Olson, CEO



Our History

In the summer of 2015, the founding members of The Set Me Free Project began researching and training against the evil that is human trafficking. They quickly realized that not only had they not fully understood the risk to their children, but most parents did not understand either. Furthermore, no school district in the Omaha community provided any awareness or prevention education on human trafficking to any of the students - the targets.

For this reason, The Set Me Project is now serving communities across the Midwest by bringing prevention education to students, parents, leaders, and educators.

Our Mission

The Set Me Free Project's mission is to bring prevention education to youth and families to stop trafficking before it starts.

About the Curriculum

The Set Me Free Project's READY to Stand CurriculumSM is designed to engage and empower participants. By offering fun and flexible programming for all groups, we believe that everyone can take a stand against human trafficking.

We believe that our READY to Stand CurriculumSM has a place in every school and organization because prevention education is something that not only benefits our community but can have an enduring impact on the world.

We are committed to meeting each community where they are. In doing so, we bring a variety of tools to reach everyone we speak to.



Our Core Values

- Personal Value: We are committed to the belief that every person has value and deserves equitable treatment.
- Compassionate Prevention: We are committed to keeping youth safe through compassionate and empathetic prevention.
- Integrity: We are committed to personal and professional integrity, working individually and collaboratively.
- Striving for excellence: We are committed to boldly, yet humbly, striving for excellence.
- Creative Solutions: We are committed to finding creative solutions through ongoing education.
- Fun: We are committed to fun in everything we do.



Sex Trafficking

OBJECTIVES

- Gain and understand a complete understanding of human trafficking.
- Identify what sex trafficking looks like in our communities and what it does not look like.
- Understand and identify what factors make individuals the most vulnerable to sex trafficking.
- Be able to define what the grooming process is and list the order the grooming process typically takes place, and how it is used by traffickers.
- Identify what dangers are present on social-media sites and online gaming platforms. Be able to discuss and review the social media sites and online gaming platforms that traffickers often use.
- Identify how to spot a trafficking victim and what to do when spotted.
- Illustrate how we can prevent our youth from becoming victims of sex trafficking.

DISCUSSION

- Introduction to human trafficking
- Distinguish Force, Fraud, or Coercion
- The reality of sex trafficking
- Identifying a trafficking situation
- Determine the stages of grooming in scenarios
- Recognizing Risk Factors/Protective Factors
- Trafficking warning signs



Labor Trafficking

OBJECTIVES

- Define labor trafficking; recognize the three (3) different types
- Identify at least three (3) common recruiting processes used by traffickers
- Name and give examples of the three (3) methods of control used by traffickers
- Identify safe labor attributes and personal warning signs after hire

DISCUSSION

- Intrinsic Value and Its Connection to Trafficking
- Labor Trafficking and Its Different Types
- Grooming and Recruitment in Labor Trafficking
- Industries Recruiting Younger Workers for Labor Trafficking
- Safe Labor, Trustworthy People, and Informed Consent
- Are you READY?
- Case Study



Trauma

OBJECTIVES

- Define trauma; recognize the three (3) different types
- How to serve with a trauma informed lens
- Recognize how trauma manifests in individuals



DISCUSSION

- Understanding trauma
- Different types of trauma
- Trauma responses in individuals
- Trauma and trafficking
- How can trauma impact interviewing?
- What about your trauma?





THANK YOU
FIRST
RESPONDERS

Contact Us

Should you need any further information, please do not hesitate to contact us.

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