



## READY To Stand Curriculum™ Adult Presentation Preview Guide

### Human Trafficking Prevention Education

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## Note from the CEO

Thank you for your interest in The Set Me Free Project's™ READY to Stand Curriculum™. This curriculum aims to empower our youth to value themselves and others as individuals and ultimately keep them safe. You will find our curriculum is informative, interactive, and flexible – reaching students from K-12th grades, college-age youth, and adults in every facet of our communities.

It is such an honor to see some youth hear for the first time in their lives that they have value and worth. It is an honor to see youth engaged because they know the person having a conversation truly cares about them. It is an honor to see lives changed. It is an honor to do what we do and make a difference.

Prevention education gives communities the tools to recognize victims of human trafficking and the grooming of potential victims, and to lower and eliminate human trafficking in our communities. But more important than that, powerful prevention education changes lives.

So, thank you for joining us in this important work! We are READY to stand together, and with your help, we can stop human trafficking before it starts.

~ Stephanie Olson, CEO



## Our History

In the summer of 2015, the founding members of The Set Me Free Project™ began researching and training against the evil that is human trafficking. They quickly realized that not only had they not fully understood the risk to their children, but most parents did not understand either. Furthermore, no school district in the Omaha community provided any awareness or prevention education on human trafficking to any of the students - the targets.

For this reason, The Set Me Project™ is now serving communities across the Midwest by bringing prevention education to students, parents, leaders, and educators.





## Our Mission

The Set Me Free Project's™ mission is to bring prevention education to youth and families to stop trafficking before it starts.

## About the Curriculum

The Set Me Free Project's READY to Stand Curriculum™ is designed to engage and empower participants. By offering fun and flexible programming for all groups, we believe that everyone can take a stand against human trafficking.

We believe that our READY to Stand Curriculum™ has a place in every school and organization because prevention education is something that not only benefits our community but can have an enduring impact on the world.

We are committed to meeting students where they are. In doing so, we bring you a variety of tools to reach every student.

### Every Presentation Includes:

- Relevant Videos
- Small Group Discussion
- Large Group Discussion
- Activities
- Worksheets
- Safety Strategy
- Fun, Engaging Presenter
- Use of Critical Thinking Skills
- Physical Movement
- Student Resource Cards
- Interactivity
- Flexibility



# Our Core Values

- Personal Value: We are committed to the belief that every person has value and deserves equitable treatment.
- Compassionate Prevention: We are committed to keeping youth safe through compassionate and empathetic prevention.
- Integrity: We are committed to personal and professional integrity, working individually and collaboratively.
- Striving for excellence: We are committed to boldly, yet humbly, striving for excellence.
- Creative Solutions: We are committed to finding creative solutions through ongoing education.
- Fun: We are committed to fun in everything we do.



## Specific Audiences

### Who do we speak to? Everyone!

Each industry is different, but many of us see human trafficking in some way, shape, or form. Understanding what it is and how to prevent it is critical.

Prevention happens when our entire community is educated. We teach what human trafficking is, what it is not, how to spot it, and what to do to report. With industry specific presentations we can help your organization or company to know what human trafficking may look like in your industry.

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#### Industry Specific Presentations:

- Schools and Educators
- Social Services
- Law Enforcement
- Medical
- First Responders
- Coffee Shops
- Restaurants
- Salons
- and more!





# Sex Trafficking

## OBJECTIVES

Understand the intrinsic value in self and others.

Describe positives and negatives of Social Media use.

Identify risks of Social Media use, including Sex Trafficking.

Distinguish the difference between perception and reality in Social Media use.

## DISCUSSION

- Everyone has intrinsic value
- Introduction to human trafficking
  - Distinguish Force, Fraud, or Coercion
  - The reality of sex trafficking
  - Identifying a trafficker
- Determine the Stages of Grooming in scenarios
  - In-person or online
- Recognizing risk factors/protective factors
- Understanding the criteria to trust someone
- Consent - How a trafficker may use it against you
  - Physical and social media consent
- Social Media and how it relates to human trafficking
  - Minimizing risk on social media and online gaming
- Are you 'READY' if something should happen?
- Trafficking warning signs



# Social Media

## OBJECTIVES

- Understand the intrinsic value in self and others.
  - Describe positives and negatives of Social Media use.
  - Identify risks of Social Media use, including Sex Trafficking.
  - Distinguish perception vs. reality in Social Media use.
- 



## DISCUSSION

- Social media positives and negatives for our youth
- Online gaming and our youth
- Cell phone addiction and mental health.
- Social media and the human trafficking connection
  - Determine the stages of grooming in scenarios
- How to talk to youth about social media
- Are you “READY” to respond in an unsafe situation?
- Dating/Dating apps and safety strategies”
- What is sextortion, and how to get help.



# Healthy Relationships

## OBJECTIVES

Ability to understand intrinsic value in self and others.

Understand the difference between healthy vs unhealthy relationships

Understand the different types of abuse

Know what a healthy partner looks like and know how to be a healthy partner.

## DISCUSSION

- Everyone has Intrinsic Value
- Characteristics of healthy relationships
- Characteristics of unhealthy relationships
- Frequency of teen dating violence
- Consent
- Boundaries
  - Setting boundaries
  - Honoring boundaries
- Understanding the criteria to trust someone
- Being a good partner?
- The effects of an unhealthy relationship
  - It's not your fault
- Are you 'READY' if something should happen?



# Labor Trafficking

## OBJECTIVE

Define and recognize intrinsic value in self and others.

Define labor trafficking, differentiate the three (3) types, and recognize that no community or population is immune to it.

Explain how force, fraud, and coercion can be applied in labor trafficking.

Recognize and apply each step in the Grooming Process to labor trafficking.

Identify at least three (3) common recruitment tactics used by traffickers.

Share the four (4) Characteristics of a Trustworthy Person.

Identify safe labor attributes and warning signs at work.

Explain informed consent and apply it to labor trafficking.

Be READY to respond appropriately to any unsafe labor practice they encounter.



## DISCUSSION

- Intrinsic value and Its connection to trafficking
- Labor trafficking and Its different types
- Grooming and recruitment in labor trafficking
- Industries recruiting younger workers for labor trafficking
- Safe labor, trustworthy people, and informed consent
- Are you READY?
- Case study





## Contact Us

Should you need any further information, please do not hesitate to contact us.

For additional information please contact us at:

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